

Contact:**Coach Nakumbe****Speaker. Family Relationship Strategist & Mentor Coach**

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Who is Coach Nakumbe?

Founder of Coach Nakumbe's Education for Change, is an award winning speaker and internationally recognized parent and mentor coach. He has over 20 years of experience of working with at-risk youth and care professionals. Coach Nakumbe has partnered extensively with parents and family advocates ready to take action, move forward and commit to change for greater growth and relationship development. He's a certified Family & Relationship Coach, Substance Abuse Prevention Specialist and Certified Parent Educator.

Coach Nakumbe is a native of NYC, NY, a survivor of child abuse, street crime and the foster care system - now based in the Minneapolis - St. Paul Metropolitan area.

Author of: *Get Smarter Not Even - Practical Solutions for Parents & Teens to Get Along!*

Coach Nakumbe is highly passionate and focused on helping others "reveal, deal and heal" as he touches hearts, shifts perspectives and changes lives! He's created a niche as both a gifted speaker with a comic edge and a comic with a serious message. Coach takes his groundbreaking theories and teaches practical, efficient life management skills to people of all ages, socioeconomic backgrounds, and professions. Independently or with a team of trainers, he can provide a combination of workshops and coaching model for any organization. Adept at using role-play and story telling to demonstrate techniques, he will skillfully engage the audience, regardless of group size.

Coach Nakumbe is a certified Prevention Professional, Parent Educator and Family and Relationship Coach. Coach utilizes a variety of techniques, models, experimental and formal approaches; he is best known for "*teaching with a unique style of humor and magic*". He specializes and lectures nationally on Healthy Relationships, Effective Communication as well as the Psychology of Domestic Violence. Other specialty topics are: *Parenting Today's 21st Century Adolescent, Re-Establishing Communication, Re-building Trust and Detachment.*

What is Coach Nakumbe's Education for Change?

Coach Nakumbe's Education for Change (CNEFC) serves families that want to proactively grow together but are experiencing internal dissention and larger potential problems. We are here to answer the post-treatment "now what?" questions that many families are facing. Ideally, we are an alternative to a more drastic solution. We at CNEFC believe that the "troubled" teen is only the result or symptom of deeper issues, family issues – and that is who we work with, THE FAMILY. Our mission is to help you rebuild or create your family unit/team resulting in a complete system that will operate as one.

Far too many families have completed an adolescent substance abuse treatment program asking, "Now what?" Many programs adequately address the adolescents' drug use and decision-making, and fewer address coping skills when dealing with life challenges. However, once completing these programs families are left on their own to deal with the big unknown of how to address the pain and distrust the drug use has caused. As adolescents attempt to gain back their parents trust, the parents are still operating with fears, doubts, suspicions and hesitations; leaving the family disconnected, distrusting and frustrated.

Coach Nakumbe "*The Family & Relationship Strategist*" focuses on what the family needs and presents ways in which the family can take action; offering adolescents and parents an opportunity to have a non-judging space to talk, be listened to and validated as well as a place to repair and build on damaged or fragile relationships within the family. The benefits of your hard work will be balance in your home, harmony in your lives and a stronger family unit.

Coach Nakumbe provides caring, confidential coaching and education outside of the insurance / managed care systems. We keep the cost of sessions affordable if families are not able to utilize other reimbursement programs, which we discuss at the time of the initial consultation

What are others saying?

"Dear Coach Nakumbe,

As the Executive Director of the Minnesota Association for Children's Mental Health (MACMH), I want to thank you for your thoughtful and dynamic presentations you have offered to our annual conference participants the past several years. Our attendees regularly comment on your ability to effectively address difficult topics and sensitive issues relating to adolescent behavior with real-life examples. Your willingness to engage audience members and offer practical information with a sense of humor is greatly appreciated by our attendees. I thank you for your positive contribution to our work, and I wish you continued success in your speaking engagements and other endeavors.

~Deborah S. Executive Director, Duluth, MN~

"This was one of the best assemblies we have ever had. It was filled with excellent content and presented in a way that was both entertaining and educational."

~Pam Mullen-Schultz, Educator Rochester Middle School, MN

"Working with Coach was a catalyst for developing and facilitating some of the best learning experiences that I have created. His dynamic presence and presentation both energized and informed our participants. Parents and youth left not only more knowledgeable, but more importantly, believing they can change. They were clearly going to try out what they had learned."

~Hester W. Program Coordinator, Youth Evaluation & Treatment Center, AZ~

"Coach delivered an unforgettable, highly entertaining message that captivated and energized our audience through humor & inspiration, Thank you Coach Nakumbe."

~Beatrice O. Educator and Program Coordinator, Katahdin ALC, MN~

One participant says of his presentations, "They'll sell you the whole seat, but you'll only need the edge of it."

"Coach Nakumbe's appeal is universal. Audiences roll with laughter and applaud with enthusiasm for this speaker who does more than entertain and educate... he touches people's lives. Dr. Nakumbe's talks are emotionally powerful, intellectually penetrating, and memorable for the humor & magic that has become his trademark".
Dr. C. Everett Koop Former US Surgeon General

"Motivational! His comedic touch eased the passage of the point he was making; love and respect your parents. That and the magic tricks were easy on the audience, who had just awakened early, making the deep message that much easier to digest. Also, Coach's animated antics (his spirited movements) kept us engaged and on edge, waiting for the powerful message or the merry punch line he was sure to deliver. It was a morning." – Augustine. Sr. High Student

"I am thrilled to have been able to attend 2 of your presentations. They were funny, thought-provoking and educational. In both cases, you added value to our program initiatives and over 96% of our students surveyed agreed you 'shifted their perspectives for a positive change'. Your skill and talent as a professional speaker is evident; you met and exceeded all of our expectations." ~Kattie H. Wellstone

